Barrets notes

Machines

All paramount machines

Height standardized

Videos:

Self machine: Ensure proper form used

Progression graphs for weight on the machines

Oscar bubble style format

Personal settings pop-up

Ordered by muscle group on all tab

Info tab about Camrose fitness center

-hyperlink to google map

-hours

-location

-phone number

Manufacturer picture for clarity

Color scheme

-black

-red

-grey (if to harsh)

Made for general public

Email for contact

Prototype meeting 14 @ 10:30

Note saying that if requiring assistance be sure to ask

Categories: arms, chest, back, shoulders, lower body, all

Oscars notes

Project description:

-Develop an android phone app that creates a user-friendly experience with the paramount equipment at the Augustana Fitness center

Include: -video for proper use of equipment

-personal settings (seat height, tilt, weight…)

Why? -Some users are intimidated and don’t know where to start

-Approaching Gym start is intimidating

|  |  |  |
| --- | --- | --- |
| Must: | Should: | Could: |
| Calf machine | About page | Progression Graph (weights) |
| Videos | Phone # | Intended demo: |
| Height depends on height | Address | General Public |
| Sets & Reps | Google maps |  |
| Setting menu | Hours |  |
|  | Staffed hours |  |
|  | Non-staffed hours |  |

Main Category(s)

🡪Machine screens

🡪Machine

🡪Settings (weight) (pop-up)

* Graph

Manufacturer Photos

Colour Scheme:

🡪Black, red, white, grey

🡪aesthetic

🡪appealing to eye

Legs & hips 🡪 lower body

Paramount 🡪 True Fitness

Nathans notes

Paramount only

Personal settings

🡪height is same on all machines

🡪tilt

🡪weight

🡪sets and reps

* Progression graph?

Videos may require home filming

🡪ensure proper technique

🡪step by step

True fitness bought out paramount

We should separate data by muscle groups

Settings should be a popup, keep the bubble format

Keep app open for update (program with future machines in mind)

Have contact info on app, hours of operation

Street to google maps?

Manufacturer photos preferred

Map of facility? 🡪 probably not

Red, black, white & grey

Recommend one category to new people

For general public

🡪old people are a concern. Can’t do 20ibs on shoulder press

🡪young people are not a consern